

ONTARIO ADVENTURE ROWING
WELCOMES YOU!

Bays and Islands Tour

SEPTEMBER 2022

WORLDROWINGTOUR2022.CA

Photo by Justen Soule





Discover the unique beauty of Southeastern Ontario

SEPTEMBER 10 TO 18, 2022

Photo by Ontario Adventure Rowing

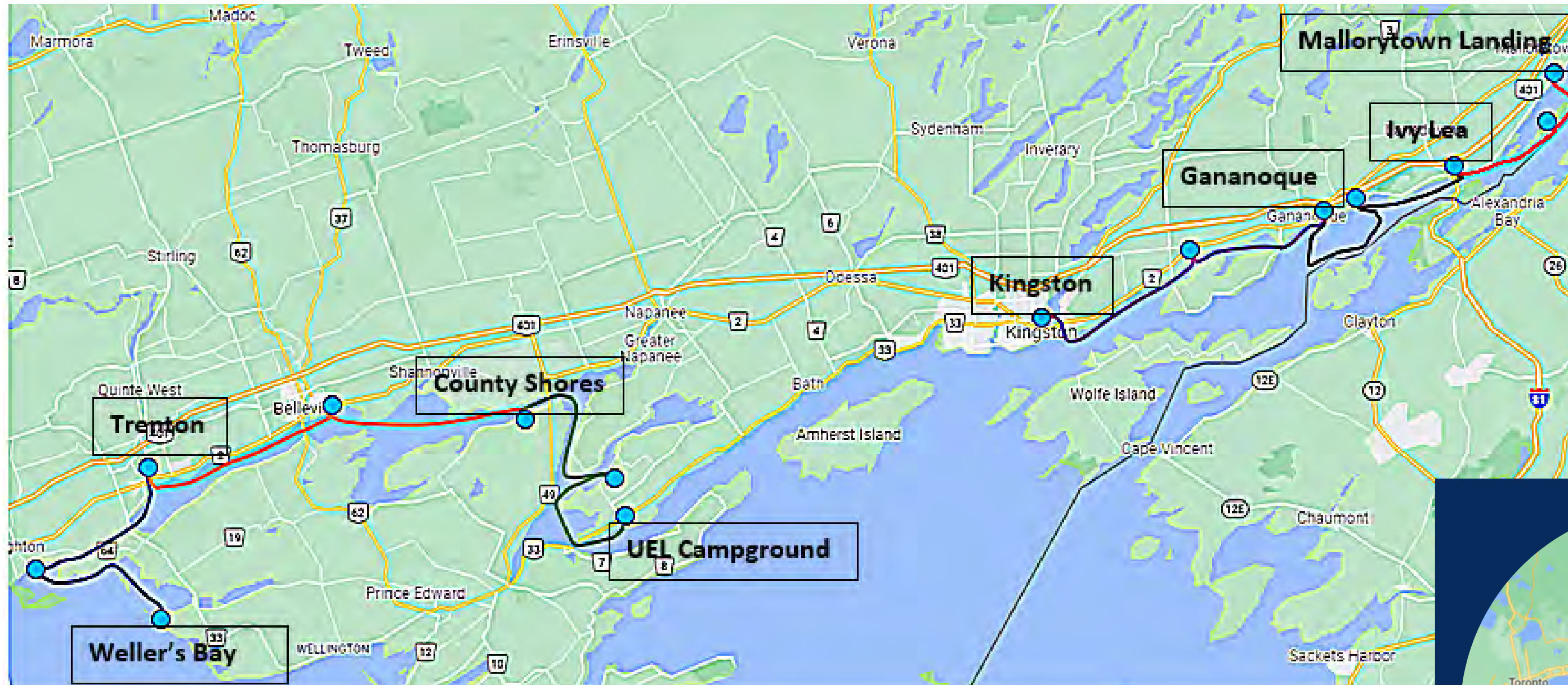
The Bays and Islands Tour journeys through the eastern end of Lake Ontario, starting in the Bay of Quinte and ending in the 1000 Islands, covering over 180 kilometres (112 miles), through landscapes that are varied and extraordinary in their beauty.







During the tour, participants will have opportunities to learn about local history and about the communities they'll visit, including the numerous Indigenous communities who have continuously lived on this land for more than 10,000 years. Throughout this tour, participants will be on the territories of the Huron-Wendat, the Anishnaabeg, the Haudenosaunee, the Mississauga, the Wendake-Nionwentsio, the Onundagaonoga (Onondaga), and the Mohawks of the Bay of Quinte. We acknowledge our shared obligation to respect, honour, and sustain these lands and the natural resources contained within.

Tour Objectives

- ✓ 1) To continue the tradition of Canada hosting a World Rowing Tour every ten years; previous Canadian tours took place in 2002 and 2012.
- ✓ 2) To provide participants and volunteers with a positive and enjoyable touring experience.
- ✓ 3) To introduce participants to a part of Canada they may not be familiar with, and to provide happy, lasting memories of their time here.
- ✓ 4) To demonstrate to local officials and community members the numerous opportunities that the eastern end of Lake Ontario offers for all watersports, including rowing.
- ✓ 5) To support local rowing clubs in their efforts to grow their membership and develop their program offerings, with a focus on non-competitive rowing.
- ✓ 6) To encourage the use of coastal boats in rowing clubs, in addition to racing shells.
- ✓ 7) To publicize the sport of rowing, particularly recreational rowing, throughout Ontario and the rest of Canada.

The Route



-  Sunday, September 11: Weller's Bay to Trenton, stopping in Brighton (15km + 17 km)
-  Monday September 12 Trenton to County Shores, stopping in Belleville (19km + 18km)
-  Tuesday, September 13 County Shores to UEL Campground, stopping in Hay Bay (19 km + 14 km)
-  Thursday, September 15 Kingston to Gananoque, stopping at Grass Creek (17 km + 15 km)
-  Friday, September 16 Gananoque to Ivy Lea, stopping at Gray's Beach (14 km + 14 km)
-  Saturday, September 17 Ivy Lea to the Mallorytown Landing, stopping on Grenadier Island (10 km + 9 km)

LOCATION

The tour takes place in the eastern end of Lake Ontario, in the Bay of Quinte and the 1000 Islands regions. The tour will be based in Belleville and Kingston, Ontario, Canada.

ACCOMMODATIONS

Participants will lodge at the Ramada Hotel in Belleville and the Holiday Inn in Kingston. Both hotels offer rooms with two queen-sized beds, balconies, and private bathrooms. Breakfast will be provided in the hotels each day.

COST

The tour fee is \$2650 CAD. See page six for details of what is and is not included in the tour fee.

THE BOATS

Because of the possibility of wind and moderate waves, participants will be using coastal quad boats, allowing for safe rowing in the waves of Lake Ontario and the 1000 Islands.

What's Included

Included:

- All rowing and safety equipment; participants are asked to bring their own life-vest and seat pad
- Eight nights in a hotel (double-occupancy)
- Eight breakfasts (September 11 to 18) and seven lunches (September 11 to 17)
- Opening Dinner (September 10), four dinners during the week, and the Final Banquet (September 17)
- Transportation to and from the starting points and stopping points each day, and to and from organized events during the rest day
- World Rowing Development levy

Not Included

- Transportation to the Ramada Hotel, Belleville, before the tour, and from the Holiday Inn, Kingston, afterward
- Dinners on two evenings
- Evening beverages, except at the Final Banquet
- Activities arranged for the participants before and after the tour

There is an additional charge for single-occupancy hotel rooms. Accompanying family members are welcome; special programs for them may be possible.

Participants are encouraged to bring their own reusable water bottles to fill at the hotel each morning.

ARRIVING IN CANADA

Participants may choose to fly into Toronto (YYZ), or Ottawa (YOW), Ontario, or into Montréal (YUL), Québec. Regional rail and bus services are available between these locations and the tour's starting and ending points in Belleville and Kingston, Ontario.

TRANSPORTATION

Once the tour begins, a coach bus will transport the participants to and from the tour sites for the full seven days. Participants are responsible for their own transportation between airports and the tour's starting and ending points.

WEATHER

Calmer waters and lower winds in the morning mean that rowing will begin early in the day. Temperatures in this region are moderate in September, varying from cool (10°C) in the early morning to warm (20°C or higher) in the afternoon. Rain is possible.

COVID PROTOCOLS

Tour plans are subject to change, depending on the status of the COVID-19 pandemic in September 2022. Participants are required to be fully vaccinated against COVID-19, including booster shots as appropriate, and they will have to meet Canada's entry requirements.

Saturday, September 10

Arrival

Participants arrive by train or bus in Belleville, Ontario after flying into Toronto or Ottawa, Ontario, or into Montréal, Québec. They enjoy a celebration of watersports on Belleville's picturesque waterfront before a Welcome Dinner at the Ramada Hotel.



Sunday, September 11

Weller's Bay to Trenton, stopping in Brighton
(15km + 17 km)

Crews launch at the south end of Weller's Bay, and head north to a short river that joins the bay to Lake Ontario. There will be no land to be seen to the south, but gradually, the course becomes more sheltered by the Presqu'ile Peninsula. At the end of the second hour, crews stop in Brighton for lunch before heading east and entering the Murray Canal. East of the Murray Canal, crews enter the Trent River, where they arrive at their destination for the day, the Trenton Rowing and Paddling Club, where club members wait to welcome them.





Monday September 12

Trenton to County Shores, stopping in Belleville
(19km + 18km)

Launching at the Trenton Rowing and Paddling Club, crews row south, departing the Trent River and turning east. Coxes soon spot the Bay Bridge, one of two large bridges that extend over the Bay of Quinte and into Prince Edward County. Crews stop at the Quinte Rowing Club for lunch before continuing east, through some narrow and some wide parts of the Bay. The day ends at County Shores, a campground in Prince Edward County, located on the south side of the Bay of Quinte.

Tuesday, September 13

County Shores to UEL Campground, stopping in Hay Bay
(19 km + 14 km)

Departing from County Shores, crews pass under the Skyway Bridge, the second of two bridges that traverse the Bay of Quinte. On the north shore is Tyendingaga, the territory of the Mohawks of the Bay of Quinte. Crews turns south into Long Reach, and row a short distance into Hay Bay, stopping for lunch next to the Old Hay Bay Church. After lunch, the route turns south, and then east again, crossing the path of the Glenora Ferry and rowing under Lake on the Mountain. Crews land on the beach at the UEL Campground, where the boats are loaded onto trailers, and a local guide recounts the history of the United Empire Loyalists.



Wednesday, September 14

Rest Day

Participants check out of the Ramada Hotel, and take time to visit local historical sites and art galleries as they travel by coach bus to Kingston, Ontario. Participants are invited to sample the local fare in Kingston at a location of their choosing. Walk, cycle, or take public transit to discover Kingston's numerous museums, historic landmarks, shops, and patios.



Thursday, September 15

Kingston to Gananoque, stopping at Grass Creek
(17 km + 15 km)

Crews launch at the Kingston Rowing Club and row south, passing Old Fort Henry and the Royal Military College, before turning east into the St. Lawrence River. Crews row into the Bateau Channel and stop for lunch at Grass Creek Park, with time to swim, or visit the McLachlan Woodworking Museum. The tour continues east to the end of the Channel and into the Admiralty Islands. Crews wend their way through the islands before turning north to the destination for the day, Rotary Beach in Gananoque. The Thousand Islands Boat Museum welcomes crews as they enter the harbour, and invites everybody to the museum once they are ashore.

Friday, September 16

Gananoque to Ivy Lea, stopping at Gray's Beach
(14 km + 14 km)

Crews return to the Admiralty Islands by a different route, rowing east along the north shore of Grindstone Island, and into a group known as the Lake Fleet Islands. Meandering among the islands and heading north again, crews find themselves at Gray's Beach, the lunch stop for the day. In the afternoon, the course is more straight, staying roughly parallel to the shore while rowing through the Navy Island group. Soon, the 1000 Islands International Bridge comes into view, and crews arrive at Ivy Lea Park, the final destination for the day.





Saturday, September 17

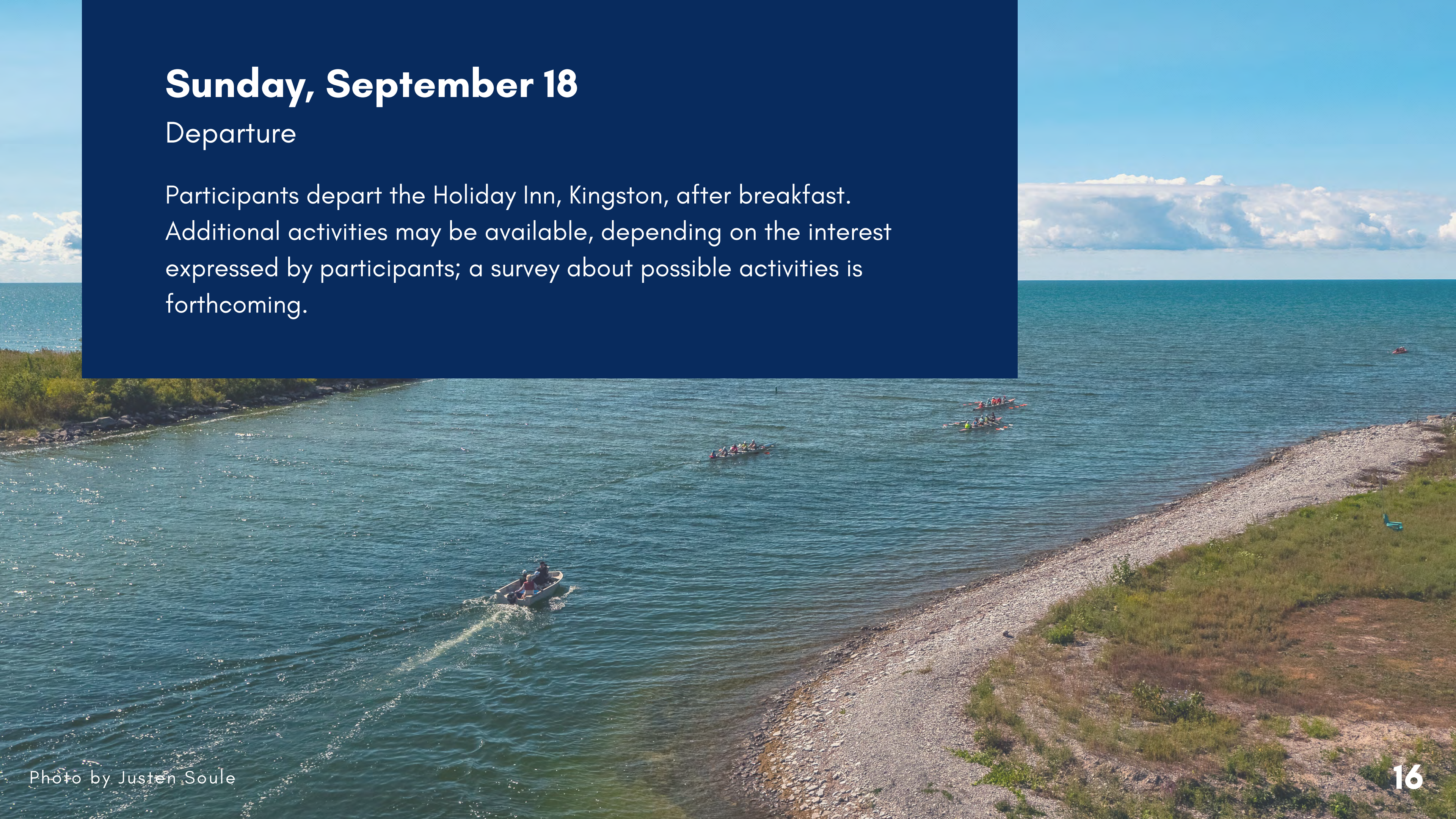
Ivy Lea to the Mallorytown Landing, stopping on Grenadier Island (10 km + 9 km)

On their final day of rowing, crews head east, passing the tips of Tar Island and Grenadier Island. They row along the shore of Grenadier Island, where they stop for lunch. After lunch, crews continue along the shoreline, and when past the tip of the island, turn towards the small beach, and the waiting trailers and bus at the Mallorytown Landing. The day concludes with a Farewell Banquet at Kingston's historic Fort Henry.

Sunday, September 18

Departure

Participants depart the Holiday Inn, Kingston, after breakfast. Additional activities may be available, depending on the interest expressed by participants; a survey about possible activities is forthcoming.





Off Water Activities

The Bay of Quinte and the 1000 Islands regions have numerous attractions to suit a variety of interests. Tour organizers plan to survey participants in advance of the tour, to gain a sense of the kinds of activities and attractions that appeal most, and will plan optional activities to take place on the rest day, and for the days before and after the tour. Explore the possibilities!



BELLEVILLE

Belleville was rated in the top five places to live in Canada, by Maclean's Magazine in 2021. Enjoy Belleville's revitalized downtown and historic landmarks. Waterfront trails along the Moira River provide opportunities for scenic walks and cycling.

TRENTON

Trenton is a small, vibrant community, known for its quaint downtown and, thanks to its proximity to the Trent River, the Bay of Quinte, and the Trent-Severn Waterway, it has become a hotspot for fishing. Trenton is home to Canadian Forces Base Trenton and the National Air Force Museum of Canada.





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PRINCE EDWARD COUNTY

Separated from the mainland by the Bay of Quinte, Prince Edward County is a popular tourist destination, known for its stunning beaches, hiking trails, quaint towns with fine dining and local artisans, and an abundance of wineries – more than 70 to visit and sample from.

TYENDINAGA

Tyendinaga Mohawk Territory is the main reserve of the Mohawks of the Bay of Quinte First Nation. Visitors have the opportunity to learn about Kanyen'kehà:ka (Mohawk) culture, and to explore a variety of work created by well-known Indigenous artists.

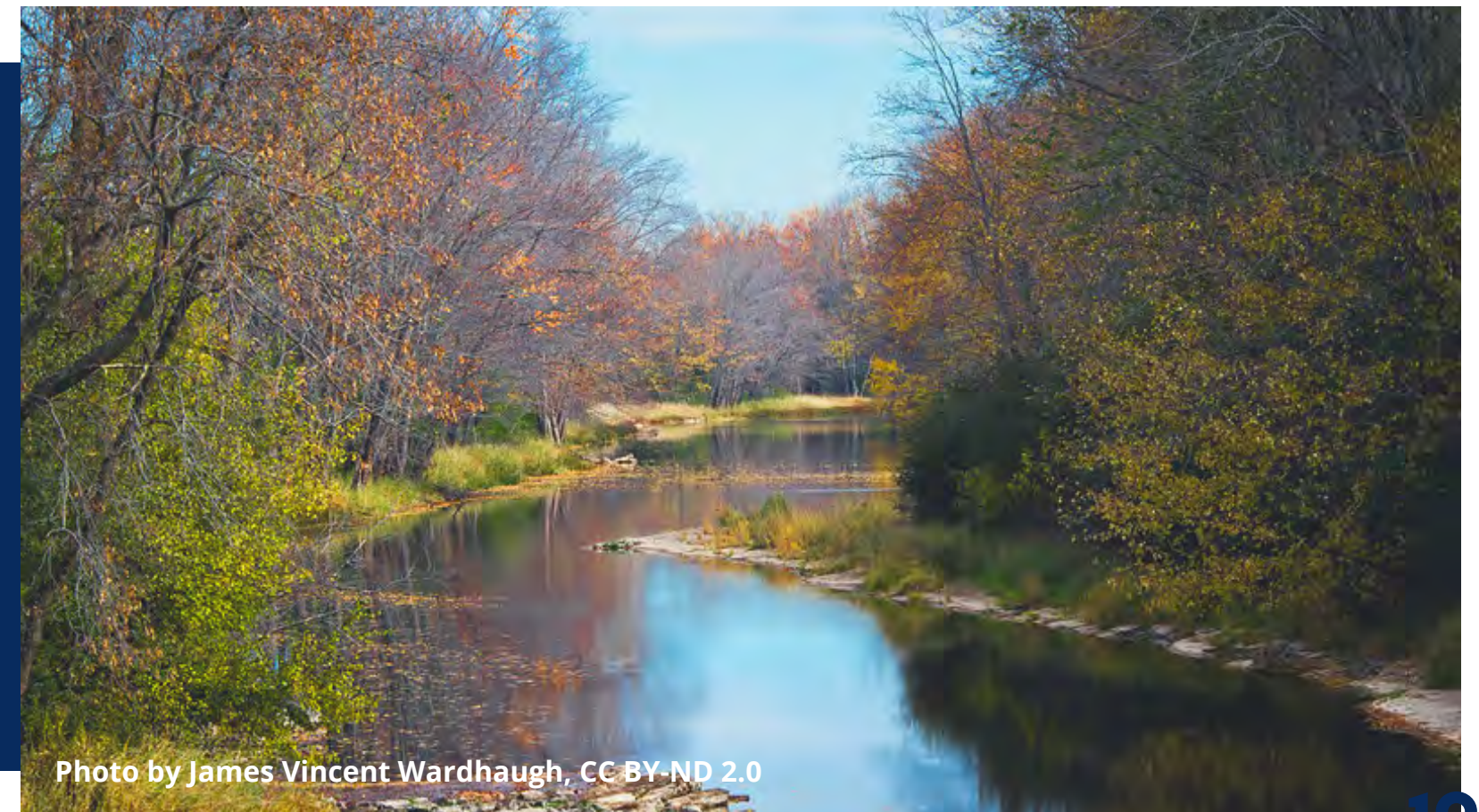


Photo by James Vincent Wardhaugh, CC BY-ND 2.0



KINGSTON

Once the capital of the United Province of Canada, Kingston is a thriving city that boasts numerous historical landmarks and museums, markets, fine dining, live music, and picturesque trails for walking or cycling along the city's waterfront.

GANANOQUE

Discover the quaint town of Gananoque, entrance to the 1000 Islands, and home to the 1000 Islands Boat Museum, restaurants, and art galleries.





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1000 ISLANDS

The 1000 Thousand Islands are a group of more than 1,800 islands in the St. Lawrence River, straddling the border of the United States and Canada. Once a fashionable retreat for the elite in the late 19th century, today the area is a hub for outdoor activities

GANANOQUE

**Learn more about all of the destinations on
the Bays and Islands Tour at the links on page 24**

Club Activities

Local watersport clubs look forward to welcoming World Tour participants! Events include:

August 28: The Canadian Sculling Marathon

Canada's premier marathon for row tourers will be held Sunday, August 28, 2022, in Ottawa, Ontario. There are two circuits, 42 kilometres and 21 kilometres, and classes for 1x, 2x, and 4x. The unique, beautiful course on the Ottawa River includes bucolic surroundings at one end, and historic Ottawa, including Parliament Hill, at the other. All efforts will be made to provide boats for rent to international visitors. The CSM emphasizes fun and participation; be a part of it!

September 7 and 8

The Ottawa New Edinburgh Club plans to offer opportunities to world tour participants and their friends to row the waterways of the nation's capital with the early changing of the leaves on Wednesday and Thursday before the Bays and Islands Tour starts. Spaces will be limited. These will be half-day rows to allow time to explore the Capital region.

Club Activities

Ottawa by Canoe

Visit Ottawa, the nation's capital and the center of an ancient Indigenous canoe trading network and the fur trade that formed Canada. Together, we'll paddle in big canoes on the spectacular Ottawa River in front of Parliament Hill. An Indigenous OAR member with family roots in the fur trade, Mr. John Savage, offers a half-day excursion for World Tour participants and their friends. He'll discuss the local paddling and rowing history, including that of his own family. This is truly an authentic Canadian experience! Potential dates are September 9, 19, and 20.

September 24: Head of the Welland

The South Niagara Rowing Club will offer a special race in touring coxed quads for tour participants and OAR members at the Head of the Welland - 5 Bridges Classic. This regatta takes advantage of a section of the old Welland shipping canal that was taken out of service back in 1973. The rowing course is 5.2 kilometres and travels through the centre of Welland under the five main bridges in the city.

Links

- Brighton: northumberlandtourism.com/en/road-trip/Brighton.aspx
- Belleville: discoverbelleville.ca
- Trenton: trentonontario.com
- Bay of Quinte: bayofquinte.ca/tourism
- Prince Edward County: thecounty.ca
- Prince Edward County Tourism: visitpec.ca
- 1000 Islands: visit1000islands.com
- Gananoque: gananoque.ca
- Kingston: visitkingston.ca
- Row Touring Manual for Canada

Learn More



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Partners



KINGSTON

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BAY OF QUINTE



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