

## Competitors Information

### Scheduling

- **Date:** Sunday, February 20, 2022
- **Heats:** starting at 9am CET  
Depending on the number of entries, heats can be scheduled on Saturday, February 19
- **Finals:** starting 12:30pm

### Contact

- **Mail:** [indoor2022@rudern.de](mailto:indoor2022@rudern.de)
- **Website:** <https://www.rudern.de/node/61451>

### 26. German Indoor Rowing Championships

The German Indoor Rowing Championships („Deutsche Ruderergometermeisterschaften“) cover events 1 – 14c as well as events 33 – 36. Only members of the German Rowing Federation are eligible to start in those events.

### 2. Open German Indoor Rowing Championships

The Open German Indoor Rowing Championships cover the events of the Masters category (events 15 – 32). In addition, the events of the German Indoor Rowing Championships (events 1 – 14c) are opened to non-members of the German Rowing Federation as well. These events are staged together with the German Indoor Rowing Championships and the Open German Indoor Rowing Championships will serve as the overall ranking.

### DRJ Talents Cup

The Talents Cup of the German Rowing Youth comprise events of the Under 15 categories (events 101 – 109). Non-members of the German Rowing Federation are eligible to compete in these events as well.

### Team Managers Meeting

The Team Managers Meeting will be scheduled for Saturday, February 19 in a virtual format. The timing and dial-in information will be published after registration deadline.

### Technical Prerequisites

For competing in these virtual indoor rowing competitions, a Concept2 rowing machine as well as a computer with a stable internet connection is required. Other rowing machine vendors are not supported.

#### *Minimum Requirements Rowing Machine*

- **Vendor:** Concept2
- **Display:** PM3, PM4, PM5 (latest firmware recommended)

#### *Minimum Requirements Computer*

- **Operating System:** Windows 8.1, MacOS 10.11, Chrome OS

- **Installed Software:** Google Chrome (minimum version 78 recommended)
- **Interfaces:** USB 2.0
- **Network Connection:** Ethernet (wired)
- **Connection Cables:** USB 2.0 A/B cable to connect the rowing machine with the computer

The software provider recommends to use the latest version of Google Chrome as well as to update the Concept2 Performance Monitor to the latest firmware.



Concept2 offers manuals to update the firmware:

- PM5: <https://www.concept2.com/service/monitors/pm5/firmware>
- PM4: <https://www.concept2.com/service/monitors/pm4/firmware>
- PM3: <https://www.concept2.com/service/monitors/pm3/firmware>

### Registration

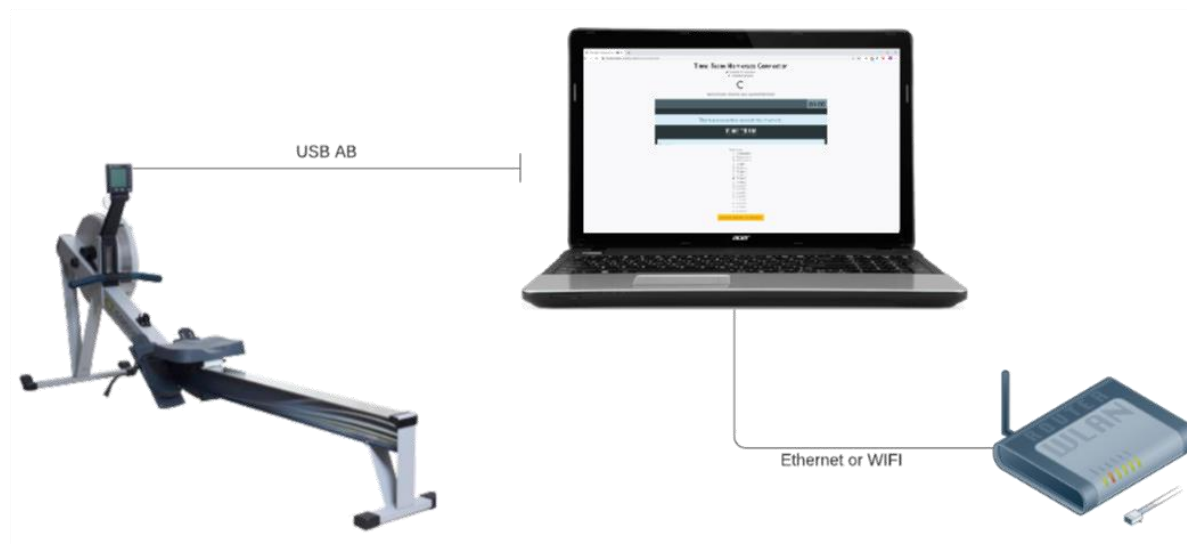
Members of the German Rowing Federation are asked to enter their crews in the official entry portal (<http://verwaltung.rudern.de>).

All other competitors are asked to enter their crews in our online registration form on our website.

### Setup

For the competition, the indoor rowing machines have to be connected with a USB A/B cable to the computer. The software provider recommends not to connect more than two rowing machines with a single computer.

On the computer, the athlete's individual that has been provided via mail must be opened.



*The required USB A/B cables are plugged into the rowing machine with the „B“-side (see image).*



## Connection Tests

The setup of the rowing machine and computer can be tested prior to the competition. To do so, the rowing machine must be connected to the computer and the website [www.homerace.nl](http://www.homerace.nl) must be opened which will provide further instructions.

## Dialing In

Every competitor is obliged to dial into the race lobby *latest 10 minutes prior to the individual start time*. Due to potential delays and connectivity issues, the start cannot be ensured. The OC recommends to dial in 15 minutes prior to the start time.

In case of any problems, the OC can be contacted via [indoor2022@rudern.de](mailto:indoor2022@rudern.de).

## Indoor Machine Re-Usage

Due to the required lead time (dialing in at least 10 minutes prior to the start time) a rowing machine can only be re-used in every second race. In case multiple athletes from the same club compete in the same event, the OC aims to distribute them equally across all heats.

Please note: In case that two athletes using the same rowing machine should qualify for a final, only one of these athletes can compete.

## Lightweights

The weighing of lightweight athletes requires a video of the individual weighing procedure to be sent to the Oe.

This video must cover the following procedure:

- The athlete shows an official id card (including photo) into the camera and shows the own face afterwards.
- Date and current time should be presented by opening [www.atomuhr.de](http://www.atomuhr.de) to prove the weighing within official weighing times.
- A common test weight (e.g. water bottle, weight plate) should be weighed to prove the correct weighing. Therefore, the test weight as well as the scale display must be shown in the camera.
- Afterwards, the athlete steps on the scale and shows the scale display.

The video must be sent via mail to [indoor2022-waage@rudern.de](mailto:indoor2022-waage@rudern.de) latest 30 minutes prior to the individual start time. Links to public cloud storage or transfer services (e.g. [www.wetransfer.com](http://www.wetransfer.com)) can be used as long as it does not require further authentications.

### Video Streams

To enhance the interactive experience, all competitors can provide a live stream of their racing. This requires an additional device with a stable internet connection. It is recommended not to use the same internet connection as for the rowing machine (e.g. cellular connection of a smartphone).